

## 4C SUMMER CONFERENCE 2019

### Breakout Sessions

\*iLEAD information will be offered in both sessions! Ongoing assistance with individual registration will be occurring in the computer lab during the conference!

\*Nicole Norvell will be offering sessions on all the state level changes occurring.

\*Reggio Exhibit open entire conference in Room 107.

\*Tour of Ivy Tech Early Learning Center during lunch break.

**\*All sessions in “Light Blue” are offered in AM; sessions in “Light Purple” are offered in PM; and all others will be offered both sessions.**

Session Title	Presenter	Description	Learning Objective 1	Learning Objective 2	Learning Objective 3
How to Implement Professional Development into Every Day Routines	Erin Cofer	My intention would be describing to attendees how to take training hours and topics they attend and embed them into their practices.	Curriculum development through use of materials and lessons driven by assessments	Inclusive relationships with children and families	How to balance a schedule and practice self-care
Understanding the Emotional Brain of Infants and Toddlers	Laura Spillman, M.Ed.	How many times a day do you say “oh, it’s okay “or “you’re okay!” To a child in your care? When in all honesty they really might not be. Understanding the emotional brain and its development can help you respond to your children. In this session we will discuss what the limbic system is and how this plays in behavior challenges. There will be time for dialogue and practical strategies will be shared.	Gain understanding of the limbic system in infant and toddler development	Translate Information about the operation of the limbic system to everyday scenarios	Discuss practical strategies to everyday situations
CATCH Early Childhood Overview	Ginny Smith	CATCH Early Childhood is a coordinated program that serves as a tool to bring centers/homes, families, and communities together to work toward creating a healthy environment for children. It is designed to promote physical activities and healthy food choices. This session is an overview of the CATCH program.	Increased knowledge and skills of the CATCH program.	Providing reinforcement of positive skills and choices	Increasing self-efficacy and outcome expectations towards making healthy choices.
Ages and Stages Questionnaire	Vanessa Wolter/April West	What is the Ages and Stages Questionnaire. How can it benefit your families and your classroom?	What is ASQ.	The benefits to families and classrooms.	Scoring the ASQ.
Fiscal Sustainability: Accessing Funding to Meet Your Program Goals	Lora Stephens	Getting serious about your program’s financial goals will set you up to best serve the children in your care. Learn strategies and receive tools that will enable you to achieve diverse and sustainable funding for your program.	Participants will learn about the available public and private funding streams that their early learning programs are eligible to access, as well as determine which funding streams they are leaving on the table.	Participants will brainstorm program goals and determine how those influence their financial goals.	Participants will learn strategies to calculate comprehensive current and future program costs and ensure that their revenue is sufficient for their programs to “break even.”

ERS-How the Environment Impacts Your Program	Nancy Sims	<p>The Environmental Rating Scale is a classroom assessment tool designed to measure quality. It is divided into items such as Space and Furnishings, Personal Care Routines, Learning Activities, Literacy, and more.</p> <p>It is an easy to use evaluation instrument to look at various interactions that go on between staff and children, among children themselves, and the interactions between the children and the materials in the environment.</p> <p>We will look at using this tool in the classroom.</p>	Recognizing classroom items.	Recognizing accessible materials.	How to use and improve your score.
Understanding Family Engagement (Part 1)	Amanda Taylor	<p>Family engagement is critical to any program's success. However, measuring family engagement and implementing it on site can be daunting. This session provides practical ways to implement and measure the efficacy of family engagement practices used at your site and provides new ways to connect authentically with families.</p>	Participants should gain a thorough understanding of what family engagement is in practice	Developing strategies to enhance parent partnerships	Explaining the Family Engagement Toolkit: how to complete it, use it, and defining areas of focus going forward
Diving Deeper: How Diversity and Culture Impact Family Engagement (Part 2)	Amanda Taylor	<p>Understanding which family engagement strategies will be most effective for the children and families in your care depends upon the culture, family structure, and backgrounds of the diverse families present. Join us as we explore how culture and diversity impact family engagement, providing you ways to embrace families as they are and create a welcoming school environment.</p>	defining culture and diversity	identifying inclusive practices to use on site	supporting family engagement practices that work with specific audiences and support continuity of care
Interactions that Boost Relationships: A Key to Social-Emotional Development	Ashley Hansen	<p>In this professional development session, participants explore the importance of building relationships with young children. Discuss how to create interactions to support children's social-emotional development. This introductory session is appropriate for early childhood professionals who want to gain a better understanding of how relationships encourage children's positive development.</p>	Why Is It Important to Build Relationships with Children?	List steps you can take to build positive relationships with young children	Identify interactions that support building relationships with young children
Stand Out Among the Crowd	Alysia Rhinefort/Heather Spencer	<p>This session will help providers understand the value of marketing their program and give tangible tips for immediate implementation.</p>	Understand the definition and value of internal and external marketing	Distinguish between features and benefits of your program and how	Leave with tangible marketing ideas to immediately implement into your program

				to use that as a marketing strategy	
Resolving conflict in a healthy way	Alysia Rhinefort/Jessica Mattingly	Understanding that permanent behavior change requires us to manage our inner state and is a prerequisite for resolving conflict.	Shift from negating our feelings to acceptance and managing them	Discover ways to help children and others take ownership of their feelings	Examine how to handle fits, tantrums and emotional upset
Behaviors: What Children Communicate and How to Respond	Samantha Eberhart	A child's behavior is always communicating some sort of need. However, oftentimes, that behavior is difficult to react appropriately to. Learn strategies to respond to challenges in ways that reduce negative reactions and build young children's social-emotional skills.	Using challenging behavior scenarios, participants identify how to reframe behavior in order to reduce negative reactions and improve relationships with children in their programs.	Through sharing challenging behavior scenarios, participants recall one strategy to respond to behavior that builds young children's social-emotional skills.	
What Conscious Discipline Looks Like Every Day with Children	Debbie Grace	Curious what Conscious Discipline looks like every day in a multi-age preschool program? Come get a glimpse of a program that's used it for almost twenty years! Pictures, video and actual items (many from Dollar Tree) will show connection, self-control, kindness and empathy in action.	Understanding the importance of implementing Conscious Discipline for children and adults.	How to use environmental elements to reinforce the skills and powers of Conscious Discipline	To teach the power of rituals and one-on-one interactions with children to create connections within the "school family"
What we can learn from Reggio Emilia, Italy	Jenny Griesemer	Reggio and me. Inspiration shared through Power Point and open discussion about the use of Reggio Inspired ideas and applications. Learning opportunities within the learning environment for children as well as teaching staff.	Introduction of Reggio Inspired teaching received from Reggio Emilia, Italy as well as collaborative study in Evansville, IN with Amelia Gambetti.	Linking Reggio Emilia to personal teaching environments.	Discussion and sharing of ideas for practical application of Reggio Inspiration.
Room Arrangement: Why is it important?	Anna Moore	i will be discussing all aspects of room arrangement: safety, accessibility, and how it can affect the learning opportunities of the children in the classroom.	Ensuring children experience the highest learning experiences possible	Ensuring safety for all children in the room	Ensuring the classroom is accessible to all children.
Keeping it Fun! Making Books Come Alive	Danielle Anguish	This session is aimed at demonstrating how to story tell effectively, extend stories, and utilize dialogic reading.	Dialogic Reading	PEER reading Strategies	Making Books come alive
The Social Benefits of Picture Books	Randa Gary	The benefits of strong social emotional skills is well documented. Intentional planning for the social emotional learning is key to developing those skills. Learn how to use picture books to support intentional instruction in SEL instruction that can be imbedded into what you're already doing.	Participants will receive lots of tips and suggestions on ways to use quality children's literature to support your little learners in the development of prosocial skills.		
Picture Books Across the Curriculum	Randa Gary	Picture books are a great place to start when planning your day! Come learn how to use fiction and nonfiction texts to support learning in every center and every			

		developmental area! Encourage curiosity, problem solving, and active engagement across the curriculum using the easy method of book extensions, planning resources, instructional strategies, and real examples provided.			
Autism	Mary Jo Montgomery	This session will focus on problem behaviors typically associated with autism with a focus on center based and school environments. Basic information regarding identifying problem behaviors will be discussed as well as why these behaviors occur. The majority of the presentation will focus on strategies, activities, and visual supports that can decrease problem behaviors in a variety of settings.	After the presentation, participants will be able to list some problem behaviors associated with autism.	Participants will be able to list 3 reasons why problem behaviors occur.	Participants will be able to identify at least 4 strategies that can be used immediately to decrease problem behaviors related to autism.
Reading and Math Right From the Start	DaKyissa Cleon	This session will focus on ways to engage parents in activities that promote reading and math from birth through 5 years of age. DaKyissa will share activities, expand on the “why”, and be giving away a basket of supportive children’s books to one lucky attendee!	Participants will be able to identify strategies to engage children in the areas of math.	Participants will be able to identify strategies to engage children in the areas of reading.	Participants will be able to identify strategies to engage PARENTS in the foundational skills of reading and math.
STEM/transitions	Ginger Ashby	When you hear the acronym STEM, what do you think about? Does it stress you out? Make you feel like it’s something you couldn’t possibly do with kids? On the contrary! STEM is science, technology, engineering and math. The exact activities that allow children to be hands on while learning in an engaging fashion. Join me as I share some of our favorite Preschool STEM Activities that are fun, easy to set up and help kids learn all different things!			
A Girl Named Sue	Jamie Like	Alarming numbers of children are experiencing multiple instances of trauma across the country. Many children who experience complex trauma have poor coping skills, difficulty trusting others, distorted thinking, manipulative and maladaptive behaviors, have difficulty believing that life can be better and are often waiting for the other shoe to drop in many situations. In this session, participants will be able to follow one			

		child's journey through physical abuse, sexual abuse, emotional abuse, abandonment, and neglect. Despite multiple instances of trauma across many settings, this child also had exposure to positive, corrective relationships with multiple adults, learned to turn negative situations into positive ones, learned she possessed many strengths and positive coping skills, and that where we come from has everything to do with where we are, but it doesn't dictate where we are going.			
Assessing and Strengthening Children's Resilience Utilizing the Devereux Early Childhood Assessment (DECA) Program	Nefertiti Bruce	The DECA is a nationally standardized, reliable and valid measure that parents and teachers can use to gain valuable insights into children's social and emotional strengths and needs. The DECA Program uses research-based strategies to ensure that assessment results lead to individualized plans that build on children's strengths to help meet identified goals.	Participants will learn how the DECA Program uses ordinary opportunities throughout the day (mealtime, play time, or small/large group time) as social and emotional skill building opportunities.	Participants will see that they don't need to do "more", but rather how to think differently about their routines and lessons. This new appreciation for how to use every moment of every day as a resilience-building opportunity is empowering.	Participants will also learn about the importance of their own resilience and the critical link between adult and child well-being.
How do you help children manage their emotions?	Ginger Ashby	Looking for ways to help your child with social-emotional learning (SEL)? Start teaching kids how to do things like cope with feelings, set goals and get along with others. Caregivers and parents can help kids work on these skills, too.	This training will provide attendees with a handful of social-emotional learning activities that can help children manage emotions and work on social skills—and have some fun along the way.	These social-emotional learning games range from somewhat sophisticated to very low-tech. And all are designed to fit easily into your daily routines.	